

Breakfast Starters

Bob's Red Mill Oatmeal	Organic oats, dried fruit, nuts, brown sugar, cream (gf)	10
Yogurt and Berries	Honey yogurt, fresh berries, nuts, and toasted oat granola (gf)	11
Fruit Bowl	Fresh cut fruit and berries (gf)	9
Boost Smoothie	Honey yogurt, chia seed, hemp-milk, blueberries (gf)	9
Green Power Smoothie	All of the above plus greens (gf)	9
Berry Smoothie	seasonal berries, banana, hemp-milk	9
House Squeezed Orange Juice	made to order	8
Best of Both	Smoothie, fruit, and english muffin sandwich	18

Breakfast Mains

Classic	Two eggs any style with herbed potatoes, toast, choice of bacon or sausage	16
Wrap	eggs in flour tortilla, fennel sausage, tomato, onion, pepper, cheddar cheese	17
Ham 'n Cheese Omelette	Ham and four cheese. side fruit and toast	15
Bianca	Egg white omelette, tomato, greens, basil pesto, robiola cheese, side fruit	16
Frittata	Bacon, eggs, mushrooms, spinach, and fontina cheese, fruit and toast	15
English Muffin	Bacon, avocado, tomato, and fried egg on a country style muffin	12
Ricotta Pancakes	caramalized apples, side of protein	15
Zeppole	Fresh made pastries with cinnamon sugar	12
Banana Bread	Served with honey butter	8

Imbibe

Pronghorn Bloody Mary	Bacon Vodka, , garnished with pickled asparagus, olives, lime wedge	11
Build Your Own Mimosa	choice of orange, grapefruit, strawberry, pom juice, topped with champagne	10

Please ask for gluten free, dairy free, or vegan option if desired.

Eating raw or undercooked protein can be hazardous to your health.